Congratulations to Reynella South School House Captains for 2015! The following 8 students join the 4 Student Ambassadors to make up this year’s Student Leadership Team. House Captains will be presented to the school community at assembly tomorrow, Friday 6 March.

**Fisher** - Lachlan Veitch and Karima Light – Roland Franco and Angel Hack – Ben and Jenna-Lea Morphett – Nick and Billie Students from P-7 will be given many opportunities to earn points as a team to become House Champions of 2015. These include Sports Day, Premiers Reading Challenge, student-led tournaments and more. Your child has been allocated a team for 2015 and will bring home more information next week.

The staff and community are really looking forward to a year of action, learning and adventure in partnership with our student leaders!

**CRUNCH AND SIP TIME IN CLASS**

Every child deserves the best start in life. Good eating habits formed during childhood help children grow well and protect them against disease in later life.

Research tells us that too many children are not eating enough of the foods essential to good health. Fruit and vegetable consumption is particularly low. The proportion of overweight and obese children has tripled in the last 30 years, with one in four school aged children now overweight or obese. (Data from WA). Please support your child by choosing from the list below.

**Fruit:** All fresh fruit (eg whole fruits, chopped melon etc.) Fruit canned in water, juice or ‘no added sugar’ (eg peach slices)

**Dried fruit** - please limit as it contains concentrated sugar and tends to cling to teeth, increasing risk of tooth decay

**Vegetables:** All fresh vegetables (eg celery, carrot sticks, broccoli bits etc.)

**Water:** Only plain water please.

In this way we can all encourage our children to make healthy choices, setting them up for a bright and healthy future! For more information please collect a brochure from the front office.
CAR PARKING
Please be aware that Parents are asked to NOT park or drop off students/collect students in the staff car park between 8.15 - 9.30 and 2.30 - 3.30 each day. A number of near misses have been reported recently. **Student safety** is of prime importance and we must stick to practices that ensure their safety! Thank you for your cooperation in this very important issue.

HARMONY DAY ASSEMBLY
2pm Wednesday 18 March
Everyone is encouraged to wear an article of **orange clothing** (students in addition to school uniform)

Students are discouraged from performing gymnastics on the lawns at break times due to health and safety regulations. Trained gymnastics teachers need to supervise these activities. Please share with your child that somersaults, head stands and backflips etc can be dangerous and are not for school play time. Thanks for your support in helping prevent possible serious injury.

VALUES RECOGNITION AWARD
The following students will receive a Values Recognition Award recognising outstanding behaviour, action and learning at Reynella South School.
**Bailey** for creative thinking and detailed explanation of his summary of a narrative.
**Joz** for excellent work ethic and bringing a positive vibe to the classroom.
**Ela** for producing high quality work with attention to detail.

**Year 8 Open Days**

CHRISTIES BEACH HIGH SCHOOL
OPEN DAY
**SUNDAY, 22 MARCH, 2015**
Please ring High School for times

Brighton Secondary School
**Special Interest Volleyball**
Trials for Out of Zone Yr 7 Students commencing Secondary School in 2016.
Applications Close Thursday 7th May 2015
Initial Trial Monday 11th May 2015 by appointment.
Please phone Leanne Faithow on 8375 8200 to book an appointment.

**Special Interest Music Auditions**
for current Year 7 students commencing Secondary School, in 2016.
Friday 8th May 2015: round 1 year 7 applications close.
Saturday 16th May 2015 Audition Round 1: 9am to 1.00pm
Year 7 pre audition assessment.
For all enquiries please call Pam Parsons at Brighton Secondary School on 83758215

HALLETT COVE HIGH SCHOOL
SCHOOL IN ACTION AND OPEN NIGHT
**WEDNESDAY, 25 MARCH, 2015**
For more information please contact Hallett Cove School, Phone: 8392.1020

**Instrumental Lessons**
Lessons have now commenced on drums, guitar and piano. Our piano teacher also teaches flute, and is happy to take on any students interested in learning flute. There are still vacancies in each instrument, so please see Marcia for more information if interested.

**Choir News**
Our Festival choir is up and running for 2015. There are 32 enthusiastic singers from years 5-7 meeting on Friday afternoons to learn this year’s repertoire. We also had our first excursion on Monday, where we walked down to Morphett
Vale school for a cluster rehearsal (where several schools get together for a sing).

It was lovely to hear positive comments about our students’ behaviour, enthusiasm and attentiveness. Well done, team!

**Come’n’try Instruments Lunchtime Activities**

On Wednesdays and Fridays at lunchtimes, students can come to the music room and try playing instruments. Due to the large number of children wanting to take part and the variety of instruments they wish to try, the children voted on what instruments they most wanted to try and we have made up a roster. It is outside the music room for children to check.

Music is alive and pumping at Reynella South Primary!

*Cheryl Clark*

*Music Teacher*

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**ASSEMBLY**

This week’s Assembly is

Friday, 6 March

9.10am

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**EASTER RAFFLE**

We need donations of chocolate or small fluffy Easter toys to fill as many baskets as possible. Please send them to the front office or your child’s teacher.

The raffle will be drawn on Thursday, 2 April 2015 at our special Easter Assembly. Each child that returns their sold raffle book will receive an Easter egg as an incentive.

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**Finance News**

**AVAILABLE AT FINANCE OFFICE:**

- **SCHOOL HATS WITH LOGO**
  - Wide Brim Hat  S,M,L,XL  $8.50 ea
  - Bucket Hat  S/M, L/XL  $9.00 ea

- **SCHOOL LOGOS FOR POLO SHIRTS IN NAVY AND WHITE**
  - $1.50 ea

- **SCHOOL FEES DUE:** $226.00

  Payments overdue:
  - Festival of Music Choir Fee due 27th February

*Anita Barnes*
National Young Leaders Day

Our Student Ambassadors and House Captains attended the National Young Leaders Day on Tuesday at the Adelaide Convention Centre. The day was inspired by speakers who grew up in Adelaide and have overcome obstacles to become leaders across the globe. Our 12 student leaders were empowered by new perspectives and shared the following reflections:

Nobody is a born leader. It's your own choice; your own decisions. Each and every one of the speakers told their story of how successful they are now. Work hard and stick with your own dream and eventually achieve it in the future.

Angel

I truly believe that from what I've been told at the Young Leaders Day, I can fulfil my dreams and can do anything. Nothing can stand in my way.

Nick

I was inspired by how the speakers mentioned that you can achieve anything you want to achieve if you get started. Nothing significant, enduring or amazing ever began that way.

Billie

I think that people should not disrespect people because they are different.

Dylan

All of the speakers’ speeches just prove to never give up and carry on, strive for what you want best, and do whatever feels comfortable.

Ben S.

The speakers told us to believe in your dream and never give up and don’t let anyone tell you what to do. I was also told that no matter how you look or feel you are no different from any other people in the world.

Lachlan

Being a part of such a big group of leaders is an awesome thing. Hearing everyone speaking and telling their stories really changed my view on things in our school. People aren't born leaders, it's what they choose to do.

Jenna

Leadership is all about influence, never give up, be responsible give your best in your work, be confident and get a good job.

Mahid

It's all about the influence on others. And those people who spoke really had an influence on me. I really feel inspired and I feel like I can change things for the better.

Amy

I thought that this convention was very influential towards leadership.

Ben K.

I thought it was really inspiring, especially Rachel [Leahcar], she inspired me most.

Karima

I liked Kat Jade’s performance. The way she layered sounds was cool.

Roland
Healthy Food

These are Room 5's favourite healthy foods.

- Hunter likes fruit.
- Brody likes apples.
- Anush likes pears.
- Daniel likes apples.
- Charlie likes pears.
- Chloe likes bananas.
- Brock likes cabbage.
- Thomas likes apples.

- Ollie likes fruit.
- Logan likes grapes.
- Lily-Rose likes bananas.
- Hamish likes apples.
- Lizzi likes dried apricots.
- Kiazi likes apples.
- Charlie likes watermelon.
PJ and Breakfast Day at Preschool

February 2015

What fun we had coming to preschool in our pyjamas for breakfast. What a great way to promote the importance of eating breakfast and choosing breakfast foods with high nutritional value. We had wholemeal toast with a variety of savoury toppings, cereal, stewed fruit and ‘green eggs’ and ham. Thank you to all the families that helped and thank you to all those families who were able to come and enjoy this shared experience.